



Connecting with God and others

Relationship is how we connect with others and God.

Pilgrimage is an opportunity to develop and deepen relationships and spend time with others and God.

At Aylesford there are images which can help reflect on the meaning of relationships

Suggested programme

Basic experiences

- Look at the ceramic image of the Visitation which is the 2nd mystery of the Rosary near the beginning of the Rosary Way where Mary is greeting her cousin Elizabeth.
- Spending time with friends and talking to God is an important part of this experience

Fuller experiences

- Look carefully around the chapels, especially in St Joseph's Chapel, for other images showing relationships
- Consider what these images tell about the importance of relationships in the Christian story.
- Participate in the midday pilgrimage Mass as a way of thanking God for relationships with others and with God

Extended experiences

- Visit the Choir Chapel and read the yellow sheet which explains how the Carmelite community gathers for prayer
 - Listen to the friars at Midday prayer. The bell will ring at approximately 1.30 pm.
 - Notice the simplicity of the chapel and reflect on what it means.



Further reading

The following websites have a lot of useful information.

- www.schoolchaplains.co.uk
- www.paxchristi.org.uk
- www.salesians.org.uk
- www.delasalle.org.uk
- www.cafod.org.uk/
- www.sacredspace.ie/