



*"God did but  
test them, and  
testing them  
found them  
worthy of him"*



## Saints at Aylesford: Martyrs

A martyr is someone who gives their life as a witness to their faith

St Thomas Becket and the English and Welsh martyrs of the Reformation are honoured at Aylesford in the Relic Chapel

### Suggested programme

#### *Basic experience*

- Visit the Martyrs' Chapel. The Blessed Sacrament is also reserved here.
- Look for the clues that the artist, Adam Kossowski, has used to help us to understand and to honour these women and men.
- Use the yellow sheet as a guide.
- Find a quiet space somewhere in the chapel to spend a few moments reflecting on the choices the martyrs had to make.

#### *Fuller experience*

- How this links with an understanding of the history of the martyr's time
- Small groups might discuss what they would be prepared to die for

#### *Extended experience*

An investigation of the life of one of these martyrs and what inspired their sacrifice

