



Retreats 2019

The Friars, Aylesford

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A meeting place and centre of Christian spirituality with a Carmelite community at its heart; a space where people of all ages and all faiths and none will find a welcome, where the sacred is expressed through prayer, the arts and nature.

RETREAT PROGRAMME 2019

January 26 Rejoice and Be Glad **Chris Chapman**

This day will help us explore what it means to be holy in today's world. We will draw on the words of Pope Francis and the 'cloud of witnesses' who have travelled the road before us.

February 23 Blessed are those who Hunger and Thirst for Justice **Pat Gaffney**

Led by Pat Gaffney, the General Secretary of Pax Christi UK, this retreat will explore how we can create a just and fair society in today's world.

Lent Talks (6:30pm Evening Prayer, 7:00pm Soup, 7:30pm – 8.15pm Talk and discussion, 8.15pm-8.30pm coffee break, 8.30pm-9.00pm prayer)

Theme: The Gospel of the following Sunday

March 6	Jesus in the Wilderness	Kevin Alban
March 13	The Transfiguration	Michael Cox
March 20	Barren Fig Tree	Paul de Groot
March 27	Prodigal Son	Francis Kemsley
April 3	Woman taken in Adultery	Sheila Grimwood
April 10	Palm Sunday	Maggie Cascioli

March 22-24 Grief in Loss, Hope in Christ **Elizabeth Partridge and Francis Kemsley**

This retreat is for anyone who has experienced a bereavement, whether recently or some time ago. We grieve, remember, hope and give thanks for our loved ones in the light of the Resurrection of Jesus.

Cost: £177 single, £171 senior citizen, £160 shared

April 18-21 Easter Triduum **Sheila Grimwood, Maggie Cascioli and Paul de Groot**

A chance to reflect upon, participate in and make our own the events of Holy Week.

Cost: £265.50 single, £256.50 senior citizen, £240 shared. Day fee £15

May 18 **Quiet Day** **Pastoral Team**

The pace of life can be frenetic. We all need a space to slow down and listen to our heart. A gentle structure will be provided for prayer and reflection in a peaceful atmosphere.

June 8 **Thy Kingdom Come** **Ged Walsh**

Journeying in prayer from Ascension to Pentecost. What does it mean to ME to pray: 'Thy Kingdom Come'.

July 13 **Our Lady of Mount Carmel**
Fr Fernando Millán Romeral, Prior General of Carmelite Order

A day of prayer, reflection and preparation for the coming feast. The day will reflect upon Mary in the Carmelite tradition and its relevance for the Carmelite family today.

August 19-23 **Summer Stillness** **Francis Kemsley and Felicity Young**

A time for going into the desert and ,like the prophet Elijah, listening to the voice of God in the silence. This is a personally guided retreat which involves a daily meeting with one of the directors who have experience in spiritual accompaniment. There will be no group talks but there will be some time for silence. Begins with supper at 7.00pm on Monday and ends with lunch on Friday.

Cost: £374 single, £362 senior citizen, £340 shared.

September 14 **Walking with God** **Maggie Cascioli and Paul de Groot**

A pilgrimage from Chilham to Canterbury. As we walk together for about eight miles we hope to discern, through our surroundings and the gift of each other, how God is calling us to be. Concludes with Evensong in the Cathedral.

September 27-29 **Saint Thérèse Weekend** **Canon John Udris**

Canon John Udris is the lead spiritual director at Oscott Seminary in Birmingham and has written *Holy Daring: The Fearless Trust of Saint Thérèse of Lisieux* in which he tries to get beyond the sometimes sugary presentation of St Thérèse to uncover the real woman.

Cost: £177 single, £171 senior citizen, £160 shared. Day fee £15

October 11-13 **Grief in Loss, Hope in Christ**
Elizabeth Partridge and Francis Kemsley

This retreat is for anyone who has experienced a bereavement, whether

recently or some time ago. We grieve, remember, hope and give thanks for our loved ones in the light of the Resurrection of Jesus.

Cost: £177 single, £171 senior citizen, £160 shared

October 19 **A Day with Teresa** **Sheila Grimwood**

How can Teresa accompany you in your journey today?

November 9 **The Wisdom of Carmel** **Kevin Alban**

A look at how the great figures in Carmel help us on the spiritual journey.

December 6-8 **Advent Retreat** **Francis Kemsley**

This retreat reflects upon the Prophet Isaiah, John the Baptist and Mary; all in their different ways prepared the way for the Lord. The retreat starts with a joint ecumenical service.

Cost: £177 single, £171 senior citizen, £160 shared. Day fee £15

Rachel's Vineyard *A weekend residential retreat for people hurting after an abortion. An opportunity to get away from the daily pressures of work and family, to focus on a painful time in life and to begin healing through a supportive and non judgemental process. This retreat will run twice in the year. Cost £200. For dates and to book please contact Pam: 07851 331816*

Rachel's Vineyard Team www.rachelsvineyard.org.uk.

FURTHER INFORMATION

WEEKENDS normally begin with supper at 7.00pm on Friday and end with lunch at 1.00pm on Sunday.

The EASTER TRIDUUM begins 5.30pm on Thursday and ends with lunch on Sunday.

DAYS begin at 10.00am and usually end by 4pm. On Days Tea/Coffee will be provided; please bring your own lunch or use the Tea Room. The suggested donation for day retreats is £15.

EVENINGS begin at 6.30pm with Evening Prayer and end by 9.00pm.

Individual Guided Retreats may be requested and will be accommodated subject to the availability of a friar.

For further information or to reserve a place, please contact:

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